

PRACTICAL GUIDE FOR SPECIALTY PRACTICE YEAR I – MEDICINE

Objectives: Basic Techniques in Patient Care

1. Basic concepts of asepsis and antisepsis
2. Monitoring vital functions:
 - a. Correct measurement of blood pressure (TA)
 - b. Monitoring respirations
 - c. Evaluating peripheral pulse
 - d. Evaluating oxygen saturation
 - e. Measuring temperature
3. Technique for performing an electrocardiogram
4. Positioning patients
5. Transporting and mobilizing patients
6. Administration of medication – prescription, general precautions, routes of administration
7. Collecting biological samples (blood, urine, stool, wound secretions, pharyngeal exudate)
8. Venipuncture, technique for intravenous injection, setting up an intravenous line
9. Technique for intramuscular injection
10. Technique for subcutaneous injection
11. Technique for intradermal injection
12. Anamnesis technique in adults
13. Patient observation sheet (history, recommendations, results, prescriptions, evolution, temperature sheet)
14. Elements of ethics and deontology in behavior towards patients, relatives, and medical staff (doctors, nurses, orderlies, etc.)

SHEET No. 1

Student

MEDICINE ADMINISTRATION

Year, group:

No.	Medication Administration Route	Description of Procedure	Required Materials	Accidents	Discussions
1	Oral				
2	Rectal				

3	Conjunctival				
4	Intranasal				

5	Percutaneous				
6	Intramuscular Injection				

7	Subcutaneous Injection				
8	Intradermal Injection				

9	Intravenous Injection				
10	Intraosseous Injection				

11	IV Infusion				
12	IV Administration with syringe pump				

Procedure performed→	1 PO	2 IR	3 C	4 IN	5 TT	6 IM	7 SC	8 ID	9 IV	10 IO	11 PEV	12 IJ	Signature (validation)
Week↓													
S1													
S2													
S3													
S4													

Instructor (name, surname)

Signature and stamp.....

SHEET No. 2

Student

COLLECTION OF BIOLOGICAL SAMPLES

Year, group:

No.	Collection of Biological Samples	Description of Procedure, Indications	Required Materials	Accidents, Incidents	Discussions
1	Blood collection by venipuncture				

2	Blood collection by skin puncture				
3	Collection of urine samples for: - Urinalysis - Urine culture				

4	Stool sample collection				
5	Nasal/pharyngeal exudate collection				

6	Conjunctival/auricular secretion collection				
7	Wound secretion collection				

8	Collection of cerebrospinal fluid				
9	Collection of gastric/bile secretion				

10	Collection of peritoneal fluid				
11	Collection of pleural fluid				

12	Collection of bone marrow (aspirative biopsy)				
----	---	--	--	--	--

Procedure performed→	1 PO	2 IR	3 C	4 IN	5 TT	6 IM	7 SC	8 ID	9 IV	10 IO	11 PEV	12 IJ	Signature (validation)
Week↓													
S1													
S2													
S3													
S4													

Instructor (name, surname)

Signature and stamp.....

Year I Bibliography

1. Nursing – Practical Workbook; Luminița Beldean, Liliana Coldea, Carmen Natea, Cosmina Diaconu; Ed. ULBS Sibiu, 2002
2. Community Nursing – Practical Aspects – Iris Mureșan, Luminița Beldean, Ed. ULBS Sibiu, 2006
3. Patient Care Techniques – Carol Mozes, Ed. Medicală, 2015

Student Evaluation Sheet - Faculty of Medicine Specialization Medicine - Year I

Characterization of the student's activity (name, surname)

.....

1. Attendance number of absences

2. Compliance with internal work organization and conduct norms

.....
.....
.....
.....

3. Fulfillment of professional obligations

.....
.....
.....
.....

4. Acquisition of skills/competencies

.....
.....
.....
.....

5. Attitude towards unit staff

.....
.....
.....
.....

6. Attitude towards patients

.....
.....
.....
.....

Instructor (name, surname).....

Signature and stamp.....